# "The Rabbit's Foot"

Attainable Beauty For Most Women at No Expense

By GWEN SEARS

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### Another Chat With the Model

Again my little professional model friend slipped across the hall and knocked on my studio door at dusk. "I have been rolling," she announced, "today the artist told me I was getting too stout, and although I had hardly noticed it myself, I find that my gowns are becoming snug." She explained to me the system of rolling, which is guaranteed to

reduce the most hopeless of the sisters of obesity.

"I bend and touch the floor to keep myself supple, and then I do stretching to keep my figure from having a chance to slump. Back and forth over the floor for at least twenty minutes, night and morning, I roll." Another model who lives on the first floor says that her method of retaining her beauty is to eat things which her palate craves. She does not believe in dieting, but she does hold that exercise is the most important thing one can do to keep the figure and face beautiful. "My real beauty rules are, keep busy, keep happy, don't worry."

Perhaps there are more than a few of us in this world who know from experience that keeping the mind pure and happy is a great aid to the ex-

pression of the face.

Professional models depend a great deal for their success on their facial expressions. It has been known that artists have engaged a model simply because she had a whimsical smile, or an appealing droop of the eyclash. Although there are not many of us who have been professional models, we all of us are human models, going forth each day before the world, to judge us from our expression and chothes. Let us be thoughtful then about the face we give to the world.

THE NEW

TUNIC SKIRT

EASY TO MAKE

By May Manton

8203 Two-Piece Skirt, 22 to 30 waist

WITH ONE-PIECE CIRCULAR TUNIC

THAT IS PERFORATED FOR SHORTER

LENGTH AND ROUND CORNERS, WITH

The very long tunic that flares at the

lower edge is among the newest to have

tumes and in different ways. As shown

cloth and gabardine suitings and to the

For the medium size, the skirt will re-

12 in. wide; the long tunic 3 yds. 27, 156

yds. 44, 1½ yds. 52 in. wide; the short

tunic 2 yds. 27, 1 yd. 44, 34 yd. 52 in.

The pattern of the skirt 8203 is cut in

MIDDLETOWN NEWS

public school to succeed William A.

Calvin The ceremony was perform-

Mrs. J. B. Messick is spending a

has been re-elected teacher.

Johns Hopkins University.

TO INSPECT LEWES CANAL.

HIGH OR NATURAL WAIST LINE

or other color.

ed the ceremony.

this vicinity attended Pomona Grange, week a Smyrna with her son, Dr.

#### HOUSEHOLD NOTES

Putting wilted vegetables into icewater will restore their freshness. Baby can open the screen door if a spoon is tacked on the outside of

Dandelions should be gathered in the early morning, before the sun has

Asparagus on toast with hot cream, well salted, makes a delicious break-

Beet tops should be used roots and all discarding only the leaves that are defective.

The dandelion is worth cultivating; it is one of the best potherbs and useful for a salad.

If children are wakeful and restless when put to bed, try giving them a glass of good milk It is a good idea to add to the gar-

den year by year two or three new potherbs and salad plants. Overcooking always injures the

color of greens; they should never be cooked until they become yellow Left-over ice cream may be utilized in making cakes. It may take the

place of butter, cream or flavoring. Lettuce should be washed carefully and placed, leaf by leaf, in a stone jar with a cover and put in the ice

The pot in which greens are cooked should never be covered. The confined steam injures the flavor and spoils the color. A piece of fresh pork baked with

the beans is an economy, as the pork makes the meat dish for dinner and the beans are delicious. If a little powdered sugar and appeared. It is worn both for street lemon juice are added to dandelions costumes and for indoor gowns and this

while cooking, the bitterness will be skirt can be utilized for different cossomewhat counteracted. The housewife should have one pot- here, it is made from silk and cotton is essentially a relish, but it has a taffeta and to charmeuse satin, to broad-

distinct value in the diet. When cooking asparagus in broken various materials of indoor garments. pieces, it is a good idea to add the tender tips after the tougher pieces

have begun to come tender. A good furniture polish is made with equal parts of sweet oil, chloroform and alcohol, shaken hard;

rubbed on quickly, then polished by

Spinach should be washed in many waters immediately upon being brought in from the garden or market, and then placed in a cloth and quire 25% yds. of material 27 or 44. 2 yds. laid on the ice.

#### CITROLAX? CITROLAX! CITROLAX!

First-get the name down pat-then buy it of your druggist. Just the very best thing for constipation, sick readache, sour stomach, lazy liver, sluggish constipated bowels. pleasantest, surest, nicest laxative you ever used. Tastes good—like lemonade. Acts promptly, without pain | Special to THE EVENING JOURNAL. or nausea. Gives you the most satisfactory flushing you have ever had. For sale by N. B. Danforth, Market and Second Sts.-Adv.

CHILDREN'S DAY OBSERVANCE. nesday at Mr. Hutchin's home to Special to THE EVENING JOURNAL. ren's Day will be observed in Ebenezer

the Rev. Percy L. Donaghay perform-Church on Sunday morning. George L. Denney is ill-Edward Worrall has been confined to his home suffering with chicken- school commissioner at McDonough head.

Miss Katharine Mousley spent a McCrone, resigned. Miss Mary Price short time this week with friends rison, of Wilmington, was the recent nesday afternoon at the home of the particularly large and without butguest of Misses Lora and Elizabeth Little.—The Rev. and Mrs. E. C. Prettyman and son, Robert, spent a few days this week with relatives in |cd by the Rev. Frances H. Moore.

Victor Messick-Mrs. H. A. Dempsey the Equitable Life Assurance Society, and Mrs. George Echenhoffer.—Mr. says he found Foley Kidney Pills to be and Mrs. J. F. McWhorter are on a This basque was of citron-colored Cannon and children, Miss Edith and the best remedy for kidney and bladthe best remedy for kidney and blad-trip to Gettysburg, Pa Mrs. S. W. This basque was of citron-colored der troubles also for rheumatism. Delegation control to the same taffeta and a sash of the same taffeta her sister Mrs. R. A. Cooper on der troubles, also for rheumatism. He says: "Any person having kidney trouble, backache, or rheumatism ford, of Warwick, Md. is the guest left of the front, falls almost to the left of the falls almost to the left of the falls almost to the left of the should be very glad to find such a wonderful remedy." For sale by N. B. Vaughan and little son are staying in lankle in two engs. The undersale -Mrs. David Mayer is on an extend-

Philadelphia.—Several residents of

held in Middletown last Thursday.

PORTIENCES, PRAPERIES AND HANG-ingr of every description cleaned or dyed. MACKENZIE'S, No. 907 Sulpley St. Phone. nov4.1f.

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# Magpie Colors to the Fore

The Tricorne, the Cape and Silver-Buckled Shoes Necessary to Complete the Season's Tailored Suit

### FEMININE FURBELOWS DESPITE SUFFRAGE

NEW YORK, June 13 .- If in Paris one sees extreme things that are really not acceptable, it is still true that the recognized French woman of society, whether at home or among her friends, is always gowned in perfect taste. Just now her taste stamps the tailored costume.

The tailored suit has been inspired by feminine grace until it is no longer to be recognized as the tailored suit we used to know. It is the smartest of the smart, and



Pique Trimmings on a Dress of Crepo

Make it Smartly Up-to-date

worn with a simple linen blouse, herb on her table daily. The potherb foonge but it is just as well adapted to these are worn in the afternoon with revers and points that show an evasive basque, is an attractive method of replacing the blouse.

The skirt is made in two pieces, the tunic In one and, since this tunic can be made This is worn with a simple skirt. horter, it can be adapted to all figures. possibly having a tunic, but always A smart and quite different effect from with a very studied cut which does an entirely different finish, however, this one can be obtained by making the not hide the silhouette. The sleeves is also used for collars and cuffs, and tunic and the coat or blouse of one material and the skirt of another, as skirt are long and button fairly high, while for other trimmings on waists and the shoes to be worn with this type entire dresses. Figure 1 is an exand coat trimmings of black moiré of costume are laced or buckled with ample of the use of one of these velours, tunic and coat of poplin in green simple silver buckles.

bacco bags. The umbrellas and practunies each have bands of pique tical parasols accompany these cos- around the bottom. leather handle having a monogram of people are coming again to the fore. brilliants. This is typical of the ap- Black and white are colors in which nizes from 22 to 30 waist. It will be nailed to any address by the Fashion Department of this paper, on receipt of ter where the woman is who wears are good, but it is a season of stripes this dress she is among the most whether in two or many colors. elegantly costumed of women, even if

it is at a The Dansant. is usually worn with this costume. It with collar and revers of white hemis also very smart to wear two pearl stitched organdy. The smartly-puffed MIDDLETOWN, Del., June 13 .rings on the left hand, one black and skirt has an added ruffle, below the Miss Elsie Morris, of Philadelphia, a one white-but what quality of pannier of the striped material runniece of the Rev. William H. Hutchin, pearls!-while on the right hand is ning the lengthwise of the goods. of Middletown, was married on Wed- worn a large sapphire or emerald This mode of checking the long line The hats are small and are no very tall woman. Robert Q. Hinckle, of Philadelpihalonger pierced by large hatpins; in-EBENEZER, Del., June 13.-Child- Because of the illness of Mr. Hutchin stead, two little jeweled pins, very is all that is necessary to hold the small toques and the straight cylin

hat now in favor. It is very small, patterns. and fits close to the head; placed Near Harmony.—Mr. and Mrs. Frank Miss Lillie May Calvin, of Arm- crosswise, it is charming with a dark skirt and cape, with the bretelles IS SWARTHMORE Mrs. Alfred Walker drove to Valley strong's corner, and James C. Clark, crossing on a decollete blouse. The Forge on Sunday.-Miss Mary Mor- of Wilmington, were married on Wed- gloves for this costume should be tons and long, even if the sleeves of

bride's parents, Mr. and Mrs. Henry the blouse are also long. The reign of the pleated tunic has invaded the evening. We see charming dance frocks that sway and swing and Mrs. John R. Lynam, will be a with the rhythm of the dance in the graduate of the class of 1914 at most graceful manner. One such gown had a new long, gathered James Maloney and daughter, Miss straight basque, sleeveless, low cut Ella Maloney, of near Elkton, Md., and daughter, Miss Pauline, bave been At Bremen, Ga., W. M. Golden, of visiting Mrs. Dempsey's parents, Mr straight basque, sleeveless, low cut were guests of Mr. and Mrs. James in front and high at the back where Manlove, this week Mrs. John it flared with a Japanese collar effect | Manlove this week.—Mrs. John left of the front, falls almost to the of Germantown, Pa., has been the of Miss Mary P. Merritt.—Mrs. E. M. left of the front, falls almost to the guest of Mr. and Mrs. W. Lewis Duff. Baltimore, Md., while Dr. Vaughan is over it hung the long-pleated tunic of ed visit with relatives in Virginia.—

> ng season. pected that twenty-five members of ruffles, and lots of them are the only Philadelphia the Rivers and Harbors Committee of trimming of many summer frocks, both Houses in Washington will be at while lace, with a capital L. is reign- Get Rid of the Torment Lewes on Friday and Saturday, June ing supreme. In fact, woman is sur-19 and 20. They will arrive here on rounded with all the delicate, and Friday noon on the steam pilotboat dainty materials which set forth her were before you had rheumatism. Philadelphia, which will go to Phila- points of beauty to the best advan- backache, swollen, aching joints and delphia on Thursday night for them. tage. Despite the talk that suffrage stiff, painful muscles? Want to feel During Friday afternoon and Satur- will masculinize the woman, the that way again? You can just take day the visitors will cruise about nearer she comes to that Valhalla the Foley Kidney Pills. For they quickly Delaware Bay and River and will more feminine is her guise and the clear the blood of the poiscus that probably land here some time on more becoming her garb.

> Saturday afternoon. They will return to Philadelphia on the boat Suncalled Chinese lace. Quaint pagodas Danforth, Market and Second Sts. and flerce dragons are worked on a Adv.



Striped Lawn in Magpie Colors Make This Stylish Frock.

cob-web net and curious lanterns are inter - mingled with conventional flowers faintly outlined with metal thread. Lace flounces of this kind are worn on evening dresses or afternoon gowns; they are as a rule, arranged in graduated widths, and some of the designs are as original as they

for children's dresses, where it still holds sway. The vogue is for embroidered net, and some exquisite summer gowns are covered with flounces and draperies of plain

Black velvet belts, girdle sashes, short tunies attached to a draped bretelle-like waist of black velvet, are worn with tulle and lace-draped liberty, charmeuse and taffeta evening frocks. In the guise of square collars, black velvet is invading the realm of the tailored suits. This touch of velvet is tending toward the velvet note that will be struck with such force when next winter arrives -but from now until then, who

knows! Although pique is not being used so much for white dresses this year everywhere. White pique waistcoats, it is used a great deal as a trimming for dresses of much sheerer quality Waists of organdy have collar and cuffs of pique. Golfine, a material that has a striped effect somewhat similar in appearance to pique, with materials. The dress itself is of cot-The handbags are small and in vel- ton crepe, with collars, cuffs and vet, but no longer in the form of to- waistcoat-girdle of pique. The double

tumes; they are in silk of solid. The magpie colors, which are, after colors, usually a smoky gray, with a all, most becoming to the majority of proved tailor costume. And no mat one can seldom go far wrong. Checks

In my second illustration is a dress made unusually striking by its deve-A string of enormous pearls-the lopment in black and white striped larger the pearls the more correct- lawn. The bodice has ragian sleeves. cabochon-likewise marvelous gems. of stripes is especially adapted to the

D. Ross & Son, Inc., 206-10 Market short, are placed at each side. This street, are the exclusive agents for McCall patterns and publications, and carry in stock over 10,000 dress pat Clarence E. Pool has been elected der hats, which entirely imprison the terns of the latest Paris, London and New York styles from which the The tricorne is an excellent type of ladies of Wilmington can supply their

GRADUATE

Special to THE EVENING JOURNAL. NEWPORT, Del., June 13 -- Miss Lelia Lynam, the only daughter of Mr. Swathmore College.-Mr. and Mrs. taking a special six weeks' course in silk voile—a fabric that will have a Mrs. Howard Bradley, of Doylestown tremendous vogue this and the com- Pa., is visiting friends here.-Mr. and Mrs. Horace Weldin, of Wilmington. Most truly feminine are the charm- were guests of Mr. and Mrs. J. B. Man-Special to THE EVENING JOURNAL, ing frilly dresses which are the vogue love on Tuesday.—Mrs. W. F. Groome LEWES. Del., June 13.—It is ex- this summer. Dainty lace-frilled and children spent Thursday in

of Rheumatism.

Remember how spry and active you cause your pain, misery and torment-



If you can "find" a friend that is not collecting this Famous Stamp, kindly bring them with you. We will thank you and they will anpreciate it.

Item No. 1 for the night's selling will be 47 dozen more of the 81x90 Bleached Seamless Sheets at 65c. This will be the last at this price soon. So kindly take advantage of the price.

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The Summer School for Teachers Will begin June 29, 1914 and

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